2025 VA SCY STATE CHAMPIONSHIP - 2/15/2025

Results - Saturday AM

Women 18-24 50 Yard Freestyle

NATL: 22.21 N 1/31/2015 VANDERPOOL-WALLAC
VA: 23.24 V 12/16/2023 Missy Cundiff

1 Sowers, Isabelle 23 SRVA 28.68

Women 18-24 100 Yard Freestyle

NATL: 48.18 N 12/6/2014 KATIE MEILI
VA: 52.01 V 3/6/2014 Rachel Nelson

1 Sowers, Isabelle 23 SRVA 1:03.29
29.97 1:03.29

Women 18-24 100 Yard Butterfly

NATL: 52.30 N 11/8/2009 DANA VOLLMER
VA: 56.22 V 4/28/2016 Gabrielle Mizerak

1 Sowers, Isabelle 23 SRVA 1:12.10
33.58 1:12.10

Women 18-24 200 Yard IM

NATL: 1:54.20 N 12/4/2014 KATIE MEILI
VA: 2:09.28 V 4/28/2023 Carter Bristow

1 Sowers, Isabelle 23 SRVA 2:38.49
32.22 1:15.44 2:01.97 2:38.49

Women 25-29 50 Yard Freestyle

NATL: 22.00 N 4/27/2019 KATARZYNA WILK
VA: 23.84 V 4/30/2023 Bonnie Zhang

1 Lewis, Alexandra 25 RVCM 37.62

Women 25-29 50 Yard Backstroke

NATL: 24.70 N 6/20/2024 ALLY HOWE
VA: 27.04 V 4/29/2023 Bonnie Zhang

1 Lewis, Alexandra 25 RVCM 45.50

Women 25-29 50 Yard Breaststroke

NATL: 27.10 N 4/30/2016 KATIE MEILI
VA: 30.22 V 1/25/2025 Lana Berry

1 Alder, Madison 29 AXOL 36.08

Women 25-29 100 Yard Breaststroke

NATL: 59.58 N 2/6/2010 MEGAN JENDRICK
VA: 1:04.54 V 1/25/2025 Lana Berry

1 Alder, Madison 29 AXOL 1:17.49
37.51 1:17.49

Women 30-34 50 Yard Freestyle

NATL: 22.37 N 4/7/2019 MADISON KENNEDY
VA: 25.13 V 2/9/2013 Courtney Hurtubise

1 Wei, Laurie 30 1693 29.09
2 Gulick, Deanna 33 SRVA 29.11
3 Dodson, Jessica 31 PSDN 30.69

Women 30-34 100 Yard Freestyle

NATL: 48.03 N 2/23/2013 ERIKA ERNDL
VA: 54.78 V 1/1/1994 Beth Scheimann

1 Chandler, Carolyn 33 NCMS 1:00.04
28.38 1:00.04
2 Wei, Laurie 30 1693 1:02.63
30.12 1:02.63
3 Perrin, Catherine 32 UC12 1:03.29
29.82 1:03.29
4 Gulick, Deanna 33 SRVA 1:04.54
30.71 1:04.54
5 Booker, Sarah 33 RVCM 1:06.76
31.91 1:06.76

Women 30-34 200 Yard Freestyle

NATL: 1:43.46 N 11/30/2012 ERIKA ERNDL
VA: 1:58.35 V 4/26/2012 Maura Bolger

1 Chandler, Carolyn 33 NCMS 2:13.28
30.19 1:03.99 1:39.03 2:13.28
2 Widen, Natalie 33 PSDN 2:22.89
33.59 1:09.31 1:45.94 2:22.89
3 Gulick, Deanna 33 SRVA 2:24.89
32.27 1:08.42 1:46.63 2:24.89
4 Strickland, Sara 33 NCMS 2:27.10
34.74 1:12.73 1:50.52 2:27.10
5 Dodson, Jessica 31 PSDN 2:29.50
34.35 1:12.35 1:51.41 2:29.50
6 Booker, Sarah 33 RVCM 2:32.11
35.45 1:14.28 1:53.78 2:32.11

Women 30-34 500 Yard Freestyle

NATL: 4:46.92 N 4/14/2012 DAWN HECKMAN
VA: 5:14.58 V 10/7/2017 Marina Falcone

1 Wei, Laurie 30 1693 6:06.98
31.61 1:07.43 1:44.38 2:21.39
2:59.52 3:37.63 4:15.35 4:53.14
5:30.94 6:06.98
2 Strickland, Sara 33 NCMS 6:29.12
34.99 1:12.91 1:52.24 2:32.11
3:11.79 3:51.59 4:31.33 5:10.73
5:50.27 6:29.12

Women 30-34 1650 Yard Freestyle

NATL:17:07.52 N 5/23/1993 KAREN BURTON
VA:18:03.83 V 1/1/2003 Deborah Reed

1 Wei, Laurie 30 1693 21:57.27
33.60 1:11.84 1:50.48 2:30.36
3:09.86 3:49.70 4:29.58 5:09.61
5:49.82 6:29.68 7:09.79 7:49.68
8:29.29 9:09.52 9:49.68 10:29.51
11:09.27 11:49.84 12:29.71 13:10.65
13:51.02 14:32.07 15:12.68 15:52.73
16:32.86 17:13.66 17:54.44 18:35.29
19:16.44 19:57.20 20:38.45 21:19.36 21:57.27

Women 30-34 100 Yard Backstroke

NATL: 54.60 N 4/30/2011 NORIKO INADA
VA: 1:03.14 V 2/3/2018 Carina Masson

1 Gulick, Deanna 33 SRVA 1:11.08
34.17 1:11.08
2 Strickland, Sara 33 NCMS 1:12.33
34.99 1:12.33

Women 30-34 200 Yard Backstroke

NATL: 1:59.93 N 2/19/1996 K PIPES-NEILSEN
VA: 2:18.18 V 9/29/2018 Denise Letendre

1 Gulick, Deanna 33 SRVA 2:31.98
35.86 1:13.46 1:52.57 2:31.98
2 Strickland, Sara 33 NCMS 2:35.64
37.40 1:16.33 1:56.07 2:35.64

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(Women 30-34 200 Yard Backstroke)

3	Widen, Natalie	33	PSDN		2:47.34
	40.01	1:22.37	2:04.72	2:47.34	

Women 30-34 50 Yard Breaststroke

	NATL:	**28.48**	**N**	**5/4/2008**	**KATIE MCCLELLAND**
	VA:	**31.21**	**V**	**5/1/1989**	**Lisa Bennett**
1	Dodson, Jessica	31	PSDN		40.38
2	Booker, Sarah	33	RVCM		41.96

Women 30-34 100 Yard Breaststroke

	NATL:	**58.81**	**N**	**3/6/2022**	**DANIELLE HERRMANN**
	VA:	**1:08.96**	**V**	**5/1/1989**	**Lisa Bennett**
1	Chandler, Carolyn	33	NCMS		1:16.37
	36.07	1:16.37			
2	Booker, Sarah	33	RVCM		1:31.16
	43.17	1:31.16			
3	Shepard, Megan	34	VMST		1:57.74
	56.15	1:57.74			

Women 30-34 50 Yard Butterfly

	NATL:	**24.18**	**N**	**4/15/2000**	**ANGEL MARTINO**
	VA:	**25.66**	**V**	**1/30/2022**	**Gabrielle Mizerak**
1	Wei, Laurie	30	1693		30.56
2	Perrin, Catherine	32	UC12		31.38
3	Dodson, Jessica	31	PSDN		34.59
4	Shepard, Megan	34	VMST		49.64

Women 30-34 100 Yard Butterfly

	NATL:	**52.93**	**N**	**3/5/2022**	**DANIELLE HERRMANN**
	VA:	**1:00.17**	**V**	**4/26/2012**	**Maura Bolger**
1	Wei, Laurie	30	1693		1:09.71
	32.62	1:09.71			
2	Shepard, Megan	34	VMST		1:48.15

Women 30-34 100 Yard IM

	NATL:	**57.01**	**N**	**4/15/2000**	**ANGEL MARTINO**
	VA:	**1:02.99**	**V**	**1/1/1995**	**Beth O'Connor**
1	Perrin, Catherine	32	UC12		1:12.91
	32.09	1:12.91			

Women 30-34 200 Yard IM

	NATL:	**1:58.80**	**N**	**3/11/2009**	**ERIKA ERNDL**
	VA:	**2:11.73**	**V**	**4/5/2019**	**Denise Letendre**
1	Perrin, Catherine	32	UC12		2:39.95
	32.53	1:12.44	2:00.73	2:39.95	
2	Shepard, Megan	34	VMST		3:34.15
	46.66	1:40.13	2:46.94	3:34.15	

Women 35-39 50 Yard Freestyle

	NATL:	**22.34**	**N**	**2/25/2007**	**DARA TORRES**
	VA:	**23.82**	**V**	**5/10/2018**	**Katie Grier**
1	Wallace, Colleen	38	SRVA		30.09

Women 35-39 100 Yard Freestyle

	NATL:	**49.72**	**N**	**2/25/2007**	**DARA TORRES**
	VA:	**51.91**	**V**	**4/13/2018**	**Katie Grier**
1	Hulsizer, Paige	38	CM-Y		1:03.46
	30.39	1:03.46			
2	Wallace, Colleen	38	SRVA		1:08.55
	32.02	1:08.55			

Women 35-39 200 Yard Freestyle

	NATL:	**1:51.55**	**N**	**5/3/1997**	**K PIPES-NEILSEN**
	VA:	**1:56.11**	**V**	**5/10/2018**	**Katie Grier**
1	Michienzi, Avery	35	CM-Y		2:15.70
	31.89	1:06.66	1:41.49	2:15.70	

Women 35-39 50 Yard Backstroke

	NATL:	**24.71**	**N**	**4/29/2017**	**NORIKO INADA**
	VA:	**27.81**	**V**	**4/7/2017**	**Katie Grier**
1	Hulsizer, Paige	38	CM-Y		34.84

Women 35-39 50 Yard Breaststroke

	NATL:	**28.51**	**N**	**5/2/2014**	**KATIE GLENN**
	VA:	**31.45**	**V**	**5/15/1991**	**Lisa Bennett**
1	Michienzi, Avery	35	CM-Y		33.83
2	Claud, Courtney	35	PSDN		34.44

Women 35-39 100 Yard Breaststroke

	NATL:	**1:01.88**	**N**	**4/25/2015**	**KATIE GLENN**
	VA:	**1:09.09**	**V**	**4/28/2016**	**Kristen Harris**
1	Michienzi, Avery	35	CM-Y		1:12.29
	34.38	1:12.29			
2	Claud, Courtney	35	PSDN		1:13.96
	34.92	1:13.96			

Women 35-39 50 Yard Butterfly

	NATL:	**25.04**	**N**	**4/28/2017**	**NORIKO INADA**
	VA:	**26.00**	**V**	**4/27/2017**	**Katie Grier**
1	Wallace, Colleen	38	SRVA		35.34

Women 35-39 100 Yard IM

	NATL:	**57.25**	**N**	**4/29/2017**	**GABRIELLE CHANG**
	VA:	**1:01.35**	**V**	**4/27/2000**	**Beth Baker**
1	Michienzi, Avery	35	CM-Y		1:08.86
	33.03	1:08.86			
2	Claud, Courtney	35	PSDN		1:11.52
	35.29	1:11.52			
3	Hulsizer, Paige	38	CM-Y		1:14.45
	36.08	1:14.45			
4	Wallace, Colleen	38	SRVA		1:20.79
	36.72	1:20.79			

Women 35-39 200 Yard IM

	NATL:	**2:05.24**	**N**	**3/14/1998**	**K PIPES-NEILSEN**
	VA:	**2:13.08**	**V**	**4/30/1999**	**Beth Baker**
1	Hulsizer, Paige	38	CM-Y		2:43.27
	34.96	1:18.90	2:05.37	2:43.27	

Women 40-44 50 Yard Freestyle

	NATL:	**21.91**	**N**	**4/15/2007**	**DARA TORRES**
	VA:	**24.00**	**V**	**4/25/2019**	**Katie Grier**
1	Miller, Elizabeth	43	N*VA		26.41
2	Wirt, Melissa	43	PSDN		33.39
3	Booker, Lauren	41	PSDN		33.42
4	Henry, Lindsey	42	CM-Y		40.80

Women 40-44 100 Yard Freestyle

	NATL:	**48.34**	**N**	**4/15/2007**	**DARA TORRES**
	VA:	**51.49**	**V**	**4/5/2019**	**Katie Grier**
1	Apple, Stephanie	42	QUEST		1:08.69
	32.04	1:08.69			

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Women 40-44 200 Yard Freestyle

NATL: 1:51.06 N 12/22/2002 K PIPES-NEILSEN
VA: 1:57.95 V 4/25/2019 Katie Grier

1 Miller, Elizabeth 43 N*VA 2:04.73
29.28 1:00.73 1:32.03 2:04.73
2 Apple, Stephanie 42 QUEST 2:30.45
33.78 1:12.05 1:52.08 2:30.45

Women 40-44 500 Yard Freestyle

NATL: 4:58.98 N 10/5/2002 K PIPES-NEILSEN
VA: 5:33.24 V 4/2/2004 Kelly Parker

1 Apple, Stephanie 42 QUEST 6:38.19
33.83 1:12.21 1:52.38 2:32.74
3:13.00 3:53.78 4:34.69 5:16.23
5:57.75 6:38.19

Women 40-44 1650 Yard Freestyle

NATL:17:06.37 N 11/4/2018 HEIDI GEORGE
VA:19:17.63 V 4/2/2004 Kelly Parker

1 Apple, Stephanie 42 QUEST 22:53.39
35.22 1:14.76 1:55.69 2:36.94
3:18.32 3:59.80 4:41.69 5:23.76
6:06.07 6:47.73 7:29.43 8:11.12
8:53.29 9:35.12 10:17.12 10:59.12
11:40.79 12:22.62 13:04.82 13:46.60
14:28.73 15:10.68 15:52.71 16:35.05
17:17.77 18:00.61 18:42.33 19:24.34
20:06.95 20:49.43 21:31.42 22:14.10 22:53.39

Women 40-44 50 Yard Backstroke

NATL: 26.12 N 5/1/2011 SHERI HART
VA: 27.97 V 4/25/2019 Katie Grier

1 Booker, Lauren 41 PSDN 40.95

Women 40-44 100 Yard Backstroke

NATL: 56.03 N 4/30/2011 SHERI HART
VA: 1:00.71 V 4/19/2002 Beth Baker

1 Apple, Stephanie 42 QUEST 1:26.87
41.77 1:26.87

Women 40-44 200 Yard Backstroke

NATL: 2:03.61 N 7/25/2021 JENNIFER MIHALIK
VA: 2:11.40 V 5/17/2001 Beth Baker

1 Apple, Stephanie 42 QUEST 2:59.07
40.64 1:24.59 2:11.79 2:59.07

Women 40-44 50 Yard Breaststroke

NATL: 28.71 N 5/11/2018 KATIE GLENN
VA: 31.34 V 4/7/2017 Kristen Harris

1 Booker, Lauren 41 PSDN 41.56
2 Coons, Dana 44 BAM1 46.18
3 Henry, Lindsey 42 CM-Y 53.03

Women 40-44 100 Yard Breaststroke

NATL: 1:02.70 N 5/13/2018 KATIE GLENN
VA: 1:09.86 V 4/7/2017 Kristen Harris

1 Wirt, Melissa 43 PSDN 1:30.66
43.59 1:30.66
2 Coons, Dana 44 BAM1 1:44.34
52.16 1:44.34

Women 40-44 200 Yard Breaststroke

NATL: 2:17.06 N 5/14/2006 S VON DER LIPPE
VA: 2:32.09 V 4/7/2017 Kristen Harris

1 Booker, Lauren 41 PSDN 3:20.39
45.91 1:36.59 2:30.14 3:20.39

Women 40-44 50 Yard Butterfly

NATL: 25.14 N 5/10/2009 S VON DER LIPPE
VA: 26.34 V 4/5/2019 Katie Grier

1 Wirt, Melissa 43 PSDN 36.08
2 Coons, Dana 44 BAM1 45.45

Women 40-44 200 Yard Butterfly

NATL: 2:03.13 N 5/4/2008 S VON DER LIPPE
VA: 2:09.63 V 5/17/2001 Beth Baker

1 Miller, Elizabeth 43 N*VA 2:28.52
33.69 1:10.11 1:49.38 2:28.52

Women 40-44 100 Yard IM

NATL: 57.95 N 4/28/2012 ERIKA BRAUN
VA: 1:00.40 V 4/25/2019 Katie Grier

1 Wirt, Melissa 43 PSDN 1:24.46
38.63 1:24.46
2 Booker, Lauren 41 PSDN 1:27.38
41.88 1:27.38
3 Coons, Dana 44 BAM1 1:36.63
48.49 1:36.63

Women 40-44 400 Yard IM

NATL: 4:28.43 N 5/4/2008 S VON DER LIPPE
VA: 4:49.61 V 2/24/2001 Beth Baker

1 Miller, Elizabeth 43 N*VA 4:57.58
32.30 1:09.36 1:45.91 2:22.81
3:06.65 3:49.24 4:23.60 4:57.58

Women 50-54 100 Yard Freestyle

NATL: 52.00 N 4/28/2023 JENNY THOMPSON
VA: 57.72 V 4/28/2011 Suzanne Newell

1 Boggess, Wendi 52 BAM1 1:17.24
35.11 1:17.24

Women 50-54 50 Yard Backstroke

NATL: 27.04 N 5/10/2013 LESLIE LIVINGSTON
VA: 28.97 V 10/12/2019 Susan Williams

1 Boggess, Wendi 52 BAM1 37.73

Women 50-54 50 Yard Butterfly

NATL: 25.70 N 5/11/2013 THOMPSON\LIVINGST
VA: 27.06 V 10/27/2019 Susan Williams

1 Boggess, Wendi 52 BAM1 37.43

Women 50-54 100 Yard IM

NATL: 59.88 N 1/20/2024 JENNY THOMPSON
VA: 1:04.32 V 1/26/2020 Fall Willeboordse

1 Boggess, Wendi 52 BAM1 1:26.82
38.46 1:26.82

Women 55-59 50 Yard Freestyle

NATL: 25.16 N 4/8/2017 SUE WALSH
VA: 25.61 V 4/29/2022 Fall Willeboordse

1 Lipstreuer, Marilyn 58 FAFC 30.89

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Women 55-59 100 Yard Freestyle

NATL: 54.72 N 5/4/2008 LAURA VAL
VA: 56.27 V 4/29/2022 Fall Willeboordse

1 Lipstreuer, Marilyn 58 FAFC 1:09.04
32.56 1:09.04
2 Cook, Amy 57 SRVA 1:13.45
34.79 1:13.45

Women 55-59 200 Yard Freestyle

NATL: 1:57.90 N 4/30/2017 KARLYN PIPES
VA: 2:16.25 V 1/1/2010 Shirley Loftus-Charley

1 Lipstreuer, Marilyn 58 FAFC 2:29.15
35.20 1:13.19 1:51.83 2:29.15
2 Cook, Amy 57 SRVA 2:40.20
36.30 1:16.84 1:58.68 2:40.20
3 Hall, Cynthia 56 PSDN 3:16.98
41.35 1:30.97 3:16.98

Women 55-59 500 Yard Freestyle

NATL: 5:20.68 N 4/29/2017 JILL HERNANDEZ
VA: 5:46.57 V 10/16/2022 Fall Willeboordse

1 Lipstreuer, Marilyn 58 FAFC 6:46.41
36.54 1:14.82 1:54.20 2:35.11
3:16.19 3:57.18 4:39.12 5:21.67
6:04.35 6:46.41
2 Cook, Amy 57 SRVA 7:02.01
37.59 1:18.45 2:01.23 2:44.30
3:27.84 4:11.17 4:54.30 5:37.25
6:20.44 7:02.01
3 Paulk, Courtney 55 SRVA 7:18.72
39.76 1:22.69 2:06.29 2:50.84
3:35.55 4:20.49 5:05.36 5:50.40
6:34.99 7:18.72

Women 55-59 1650 Yard Freestyle

NATL:18:56.04 N 4/16/2010 LAURA VAL
VA:19:49.87 V 2/12/2011 Shirley Loftus-Charley

1 Paulk, Courtney 55 SRVA 25:16.90
41.00 1:25.83 2:11.85 2:58.29
3:44.33 4:30.62 5:16.84 6:03.29
6:49.44 7:35.34 8:21.56 9:07.85
9:54.07 10:40.14 11:25.97 12:12.17
12:58.37 13:44.65 14:31.07 15:17.41
16:03.44 16:49.64 17:36.24 18:22.39
19:08.85 19:55.09 20:41.23 21:27.74
22:14.10 23:00.38 23:46.45 24:32.44 25:16.90

Women 55-59 50 Yard Breaststroke

NATL: 31.83 N 4/1/2023 S VON DER LIPPE
VA: 33.76 V 5/13/2011 Lisa Bennett

1 Lipstreuer, Marilyn 58 FAFC 42.19

Women 55-59 50 Yard Butterfly

NATL: 27.04 N 10/30/2016 LESLIE LIVINGSTON
VA: 27.44 V 4/29/2022 Susan Williams

1 Hall, Cynthia 56 PSDN 52.88

Women 55-59 100 Yard IM

NATL: 1:02.34 N 4/29/2017 KARLYN PIPES
VA: 1:03.98 V 3/20/2022 Fall Willeboordse

1 Hall, Cynthia 56 PSDN 1:47.50
54.24 1:47.50

Women 60-64 50 Yard Freestyle

NATL: 25.88 N 1/25/2025 COLLETTE SAPPEY
VA: 27.84 V 3/4/2023 Marie Restrepo

1 Mackall, Suni 62 1693 33.18

Women 60-64 100 Yard Freestyle

NATL: 55.91 N 12/15/2024 ELLEN REYNOLDS
VA: 1:01.38 V 12/14/2024 Kelly Parker Palace

1 Speer, Nancy 62 VMST 1:12.42
34.69 1:12.42
2 Mackall, Suni 62 1693 1:13.54
33.92 1:13.54
3 Armand, Peggy 61 CM-Y 1:15.80
36.69 1:15.80

Women 60-64 500 Yard Freestyle

NATL: 5:30.31 N 12/14/2024 ELLEN REYNOLDS
VA: 5:49.22 V 12/15/2024 Kelly Parker Palace

1 Armand, Peggy 61 CM-Y 7:12.13
37.85 1:20.21 2:03.76 2:48.00
3:32.69 4:17.03 5:01.18 5:45.58
6:29.56 7:12.13

Women 60-64 1650 Yard Freestyle

NATL:19:24.90 N 11/5/2023 K PARKER PALACE
VA:20:04.71 V 2/11/2012 Shirley Loftus-Charley

1 Speer, Nancy 62 VMST 24:05.80
39.04 1:21.74 2:05.84 2:49.69
3:33.47 4:18.31 5:03.12 5:47.02
6:31.16 7:15.63 8:00.00 8:44.32
9:28.11 10:11.94 10:55.67 11:39.89
12:23.68 13:07.44 13:51.51 14:35.68
15:19.81 16:03.43 16:47.27 17:31.40
18:15.66 18:59.51 19:42.90 20:26.33
21:10.31 21:55.48 22:39.80 23:23.14 24:05.80

Women 60-64 50 Yard Backstroke

NATL: 28.15 N 12/14/2024 ELLEN REYNOLDS
VA: 31.49 V 7/16/2023 Val Van Horn Pate

1 Mackall, Suni 62 1693 40.77

Women 60-64 50 Yard Breaststroke

NATL: 33.79 N 5/7/2017 MELINDA MANN
VA: 36.59 V 7/21/2021 Patricia Miller

1 Miller, Patricia 64 RVCM 39.55
2 Speer, Nancy 62 VMST 45.75

Women 60-64 100 Yard Breaststroke

NATL: 1:16.55 N 5/6/2017 MELINDA MANN
VA: 1:21.10 V 7/21/2021 Patricia Miller

1 Miller, Patricia 64 RVCM 1:25.60
41.53 1:25.60
2 Armand, Peggy 61 CM-Y 1:40.76
48.12 1:40.76

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Women 60-64 50 Yard Butterfly

NATL: 27.93 N 5/13/2018 TRACI GRANGER
VA: 29.97 V 7/16/2023 Val Van Horn Pate

1 Miller, Patricia 64 RVCM 36.83

Women 60-64 100 Yard IM

NATL: 1:05.01 N 4/30/2022 KARLYN PIPES
VA: 1:09.77 V 7/15/2023 Val Van Horn Pate

1 Miller, Patricia 64 RVCM 1:21.07
40.57 1:21.07
2 Speer, Nancy 62 VMST 1:25.14
40.85 1:25.14

Women 60-64 200 Yard IM

NATL: 2:17.32 N 12/14/2024 ELLEN REYNOLDS
VA: 2:35.28 V 1/25/2025 Kelly Parker Palace

1 Miller, Patricia 64 RVCM 2:59.13
42.07 1:30.30 2:17.61 2:59.13

Women 65-69 50 Yard Freestyle

NATL: 26.31 N 3/7/2020 PENNY NOYES
VA: 30.42 V 5/17/2007 Beth Schreiner

1 Hasselquist, Lauren 66 VMST 31.30
2 Rogers, Phyllis 68 FAFC 45.09

Women 65-69 50 Yard Backstroke

NATL: 29.65 N 5/12/2018 LAURA VAL
VA: 36.61 V 3/4/2023 Lauren Hasselquist

1 Hasselquist, Lauren 66 VMST 35.49V
2 Rogers, Phyllis 68 FAFC 53.28

Women 65-69 100 Yard Backstroke

NATL: 1:03.96 N 5/11/2018 LAURA VAL
VA: 1:18.80 V 1/25/2025 Lauren Hasselquist

1 Hasselquist, Lauren 66 VMST 1:17.40V
37.44 1:17.40

Women 65-69 200 Yard Backstroke

NATL: 2:23.88 N 5/13/2018 LAURA VAL
VA: 2:46.37 V 4/7/2017 Shirley Loftus-Charley

1 Hasselquist, Lauren 66 VMST 2:41.77V
36.92 1:17.16 1:59.01 2:41.77

Women 65-69 50 Yard Breaststroke

NATL: 35.79 N 6/20/2024 JANE ROBIE
VA: 37.74 V 4/22/2004 Joann Leilich

1 Blair-fleetwood, Janet 66 UC12 48.04
2 Rogers, Phyllis 68 FAFC 1:00.47

Women 65-69 100 Yard Breaststroke

NATL: 1:18.58 N 11/2/2024 KAREN MAREB
VA: 1:23.95 V 4/22/2004 Joann Leilich

1 Blair-fleetwood, Janet 66 UC12 1:44.07
51.40 1:44.07

Women 65-69 200 Yard Breaststroke

NATL: 2:53.25 N 6/22/2024 KAREN MAREB
VA: 3:01.50 V 4/2/2004 Joann Leilich

1 Blair-fleetwood, Janet 66 UC12 3:40.01
51.31 1:47.33 2:45.56 3:40.01

Women 65-69 100 Yard IM

NATL: 1:07.03 N 2/1/2020 PENNY NOYES
VA: 1:17.97 V 4/5/2019 Shirley Loftus-Charley

1 Rogers, Phyllis 68 FAFC 2:00.02
57.39 2:00.02

Women 70-74 50 Yard Freestyle

NATL: 27.10 N 4/30/2022 LAURA VAL
VA: 31.37 V 2/11/2023 Shirley Loftus-Charley

1 Loftus-Charley, Shirley 73 CM-Y 33.39

Women 70-74 1650 Yard Freestyle

NATL:21:42.32 N 5/9/2024 JOAN PFINSGRAFF
VA:21:50.68 V 2/11/2023 Shirley Loftus-Charley

1 Loftus-Charley, Shirley 73 CM-Y 23:16.01
37.76 1:19.26 2:00.87 2:43.19
3:25.31 4:07.41 4:49.58 5:31.84
6:13.99 6:56.01 7:38.59 8:21.13
9:03.91 9:46.39 10:29.18 11:11.89
11:54.73 12:37.31 13:19.83 14:02.75
14:45.47 15:27.98 16:10.87 16:53.42
17:36.00 18:18.67 19:01.26 19:43.12
20:25.70 21:08.16 21:51.51 22:33.79 23:16.01

Women 70-74 50 Yard Backstroke

NATL: 30.49 N 5/1/2022 LAURA VAL
VA: 39.02 V 2/11/2023 Shirley Loftus-Charley

1 Loftus-Charley, Shirley 73 CM-Y 41.60

Women 70-74 200 Yard Backstroke

NATL: 2:25.22 N 6/23/2024 LAURA VAL
VA: 2:53.86 V 5/6/2023 Shirley Loftus-Charley

1 Loftus-Charley, Shirley 73 CM-Y 3:06.73
44.85 1:30.92 2:19.18 3:06.73

Women 70-74 50 Yard Breaststroke

NATL: 38.35 N 5/13/2022 KATHLEEN LEWIS
VA: 43.74 V 2/10/2024 Shirley Loftus-Charley

1 Loftus-Charley, Shirley 73 CM-Y 44.23
2 Boslego, Barbara 73 VMST 46.63

Women 70-74 100 Yard Breaststroke

NATL: 1:24.44 N 8/22/2021 CHARLOTTE DAVIS
VA: 1:34.67 V 2/9/2024 Shirley Loftus-Charley

1 Boslego, Barbara 73 VMST 1:46.80
50.97 1:46.80

Women 70-74 200 Yard Breaststroke

NATL: 3:07.28 N 2/2/2009 JOANN LEILICH
VA: 3:22.03 V 5/6/2023 Shirley Loftus-Charley

1 Loftus-Charley, Shirley 73 CM-Y 3:23.31
46.54 1:38.56 2:30.92 3:23.31

Women 70-74 400 Yard IM

NATL: 5:34.57 N 4/1/2022 LAURA VAL
VA: 6:05.46 V 4/19/2024 Shirley Loftus-Charley

1 Boslego, Barbara 73 VMST 7:52.90
54.03 2:00.19 4:03.52
5:07.78 6:13.81 7:04.39 7:52.90

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Women 75-79 500 Yard Freestyle

NATL: 6:48.71 N 2/8/2025 CECILIA MCCLOSKEY
VA: 8:00.61 V 5/6/2023 Ann Lyttle

1 McWilliams, Suzanne 75 SRVA 11:26.63
1:03.35 2:10.90 4:29.31
5:36.02 6:47.33 7:58.54 9:06.15
10:18.91 11:26.63

Men 18-24 50 Yard Freestyle

NATL: 19.36 N 4/28/2012 JOSH SCHNEIDER
VA: 20.24 V 4/13/2018 Lucas Bureau

1 Datovech, Paul 21 UC12 22.77
2 Dinger, Mark 22 UC12 23.09
3 Sherrill, Micah 21 UC12 23.51

Men 18-24 100 Yard Freestyle

NATL: 42.59 N 12/1/2012 EUGENE GODSOE
VA: 43.97 V 4/13/2018 Lucas Bureau

1 Sherrill, Micah 21 UC12 51.91
24.06 51.91

Men 18-24 50 Yard Backstroke

NATL: 22.33 N 5/10/2013 ANDREW ELLIOTT
VA: 22.62 V 4/5/2019 Logan Burton

1 Datovech, Paul 21 UC12 23.91

Men 18-24 100 Yard Backstroke

NATL: 45.36 N 11/30/2012 EUGENE GODSOE
VA: 49.46 V 4/5/2019 Logan Burton

1 Datovech, Paul 21 UC12 53.77
26.07 53.77

Men 18-24 50 Yard Breaststroke

NATL: 24.53 N 2/1/2015 ROSTYSLAV FEDYNA
VA: 25.15 V 6/20/2024 Travis Nitkiewicz

1 Datovech, Paul 21 UC12 28.25
2 Dinger, Mark 22 UC12 29.26
3 Sherrill, Micah 21 UC12 31.35

Men 18-24 50 Yard Butterfly

NATL: 21.13 N 4/26/2015 HENRIK LINDAU
VA: 21.95 V 4/13/2018 Lucas Bureau

1 Datovech, Paul 21 UC12 23.72
2 Sherrill, Micah 21 UC12 26.96

Men 18-24 100 Yard IM

NATL: 48.96 N 4/26/2019 ANDREW APPLEBY
VA: 49.23 V 4/13/2018 Lucas Bureau

1 Datovech, Paul 21 UC12 54.45
24.84 54.45

Men 25-29 50 Yard Freestyle

NATL: 18.67 N 12/20/2014 BOUSQUET\ADRIAN
VA: 20.54 V 3/3/2022 Kevin Mastracci

1 Dinger, Steven 25 UC12 21.87
2 Rich, Justin 27 PSDN 22.46
3 Morrow, Alex 27 1693 25.08
4 Xavier, Austin 29 AXOL 26.28

Men 25-29 100 Yard Freestyle

NATL: 41.13 N 5/3/2014 NATHAN ADRIAN
VA: 45.47 V 3/3/2022 Kevin Mastracci

1 Dinger, Steven 25 UC12 48.81
22.92 48.81
2 Rich, Justin 27 PSDN 50.77
24.72 50.77
3 Morrow, Alex 27 1693 53.84
26.20 53.84

Men 25-29 50 Yard Backstroke

NATL: 21.46 N 4/16/2010 ADAM MANIA
VA: 23.47 V 4/28/2023 Sam Kettlewell-Sites

1 Dinger, Steven 25 UC12 25.58
2 Rich, Justin 27 PSDN 27.42
3 Morrow, Alex 27 1693 28.55

Men 25-29 100 Yard Backstroke

NATL: 45.95 N 4/15/2010 ADAM MANIA
VA: 49.48 V 4/30/2023 Sam Kettlewell-Sites

1 Morrow, Alex 27 1693 1:01.92
30.31 1:01.92

Men 25-29 50 Yard Breaststroke

NATL: 23.87 N 5/21/2010 MARK GANGLOFF
VA: 25.99 V 6/20/2024 Collin Shepard

1 Rich, Justin 27 PSDN 30.68

Men 25-29 100 Yard Breaststroke

NATL: 51.51 N 4/28/2023 BENJAMIN CONO
VA: 53.90 V 1/25/2025 Josue Dominguez Ramos

1 Morrow, Alex 27 1693 1:09.72
33.14 1:09.72

Men 25-29 50 Yard Butterfly

NATL: 20.99 N 4/28/2019 MARCIN CIESLAK
VA: 21.57 V 1/25/2025 Kevin Mastracci

1 Dinger, Steven 25 UC12 23.82
2 Morrow, Alex 27 1693 26.72
3 Xavier, Austin 29 AXOL 31.47

Men 25-29 100 Yard Butterfly

NATL: 45.32 N 11/30/2012 DAVIS TARWATER
VA: 49.21 V 3/3/2022 Kevin Mastracci

1 Dinger, Steven 25 UC12 52.71
24.12 52.71
2 Dudding, Harrison 29 UC12 53.28
24.99 53.28

Men 25-29 200 Yard Butterfly

NATL: 1:44.67 N 4/30/2023 ZACHARY FONG
VA: 1:51.94 V 4/30/2023 Ricky Perez

1 Dudding, Harrison 29 UC12 1:59.79
26.38 55.61 1:26.18 1:59.79

Men 30-34 50 Yard Freestyle

NATL: 19.33 N 5/3/2014 ERVIN\ERVIN
VA: 20.65 V 4/13/2018 Kevin Gallagher

1 De Jesus, Jose 31 TERR 22.74
2 Smith, Mark 30 TERR 23.01
3 Wolfe, Ryan 31 GMUP 23.77

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(Men 30-34 50 Yard Freestyle)

4	Murrin, Jordan	31	UC12	24.61
5	Kirchgessner, Richard	34	RRY	28.19
6	Kline, Brett	33	PSDN	35.13

Men 30-34 100 Yard Freestyle

NATL: 42.75 N 12/21/2014 DARIAN TOWNSEND
VA: 44.42 V 12/3/2024 Lucas Bureau

1	Glass, Sidney	33	1693	48.96
	23.35 48.96			
2	Smith, Mark	30	TERR	50.75
	24.77 50.75			
3	Murrin, Jordan	31	UC12	55.63
	25.74 55.63			
4	Booker, Scott	33	RVCM	1:05.49
	31.88 1:05.49			
5	Kline, Brett	33	PSDN	1:20.31
	37.55 1:20.31			

Men 30-34 200 Yard Freestyle

NATL: 1:34.00 N 12/19/2014 DARIAN TOWNSEND
VA: 1:42.39 V 4/27/2017 Geoffrey Meyer

1	Smith, Mark	30	TERR	1:51.68
	26.32 54.53 1:23.49 1:51.68			
2	Murrin, Jordan	31	UC12	2:06.51
	29.15 1:01.06 1:34.26 2:06.51			
3	Kirchgessner, Richard	34	RRY	2:19.12
	30.92 1:04.54 1:40.55 2:19.12			
4	Booker, Scott	33	RVCM	2:25.57
	32.73 1:09.28 1:48.31 2:25.57			

Men 30-34 500 Yard Freestyle

NATL: 4:26.34 N 2/19/2022 DREW MODROV
VA: 4:43.29 V 5/21/1995 Chris Stevenson

1	Booker, Scott	33	RVCM	6:58.50
	36.17 1:16.43 1:58.44 2:40.95			
	3:23.49 4:06.80 4:50.75 5:33.95			
	6:17.46 6:58.50			

Men 30-34 50 Yard Backstroke

NATL: 21.37 N 4/26/2019 MATT GREVERS
VA: 23.97 V 4/27/2017 Joshua Fowler

1	Glass, Sidney	33	1693	24.46
2	McQuiggan, Jacob	30	CM-Y	28.92

Men 30-34 50 Yard Breaststroke

NATL: 24.35 N 4/24/2015 MATT GREVERS
VA: 26.59 V 9/29/2012 Vanja Rogulj

1	De Jesus, Jose	31	TERR	27.93
2	Wolfe, Ryan	31	GMUP	28.70
3	McQuiggan, Jacob	30	CM-Y	28.87
4	Murrin, Jordan	31	UC12	30.12

Men 30-34 100 Yard Breaststroke

NATL: 51.97 N 12/15/2023 BRANDON FISCHER
VA: 58.49 V 4/19/2024 Chuck Katis

*1	Wolfe, Ryan	31	GMUP	1:01.98
	28.95 1:01.98			
*1	McQuiggan, Jacob	30	CM-Y	1:01.98
	29.41 1:01.98			

Men 30-34 200 Yard Breaststroke

NATL: 1:52.08 N 12/16/2023 BRANDON FISCHER
VA: 2:15.57 V 5/14/2002 Neill Williams

1	McQuiggan, Jacob	30	CM-Y	2:17.48
	30.81 1:05.01 1:40.91 2:17.48			
2	Kirchgessner, Richard	34	RRY	2:52.89
	38.65 1:20.47 2:05.96 2:52.89			

Men 30-34 50 Yard Butterfly

NATL: 21.11 N 4/26/2015 MATT GREVERS
VA: 23.12 V 10/7/2017 Warren Cieslak

1	Smith, Mark	30	TERR	24.04

Men 30-34 100 Yard Butterfly

NATL: 46.90 N 4/14/2024 ROMAN RYBIN
VA: 47.67 V 12/3/2024 Lucas Bureau

1	Smith, Mark	30	TERR	53.69
	25.02 53.69			

Men 30-34 200 Yard Butterfly

NATL: 1:45.01 N 4/12/2015 DARIAN TOWNSEND
VA: 1:49.63 V 12/2/2010 Matt Haupt

1	Smith, Mark	30	TERR	2:03.77
	27.14 58.58 1:30.68 2:03.77			

Men 30-34 100 Yard IM

NATL: 47.71 N 4/29/2017 RYAN LOCHTE
VA: 52.29 V 4/27/2017 Geoffrey Meyer

1	Glass, Sidney	33	1693	54.61
	24.20 54.61			

Men 30-34 200 Yard IM

NATL: 1:42.03 N 12/20/2014 DARIAN TOWNSEND
VA: 1:57.59 V 1/27/2007 Daniel Summerlin

1	McQuiggan, Jacob	30	CM-Y	2:13.21
	28.31 1:03.08 1:40.58 2:13.21			

Men 35-39 50 Yard Freestyle

NATL: 20.01 N 3/25/2018 ROLAND SCHOEMAN
VA: 21.18 V 1/26/2008 Daniel Summerlin

1	Greer, Kevin	37	UC12	23.57

Men 35-39 100 Yard Freestyle

NATL: 44.24 N 4/20/2009 VLAD PYSHNENKO
VA: 47.33 V 4/26/2012 Daniel Summerlin

1	Kirchgessner, Joey	37	RRY	1:01.53
	29.28 1:01.53			

Men 35-39 50 Yard Breaststroke

NATL: 25.03 N 3/4/2021 JAMES FIKE
VA: 27.87 V 4/27/2017 Aaron Nester

1	Kirchgessner, Joey	37	RRY	35.76

Men 35-39 50 Yard Butterfly

NATL: 21.24 N 3/25/2018 ROLAND SCHOEMAN
VA: 23.36 V 2/29/2020 Evan Elsaesser

1	Greer, Kevin	37	UC12	25.36
2	Kirchgessner, Joey	37	RRY	30.90

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Men 35-39 100 Yard IM

NATL: 49.01 N 4/29/2017 JEFF NATALIZIO
VA: 53.70 V 4/28/2016 Michael Lovett

1 Greer, Kevin 37 UC12 59.95
27.09 59.95
2 Kirchgessner, Joey 37 RRY 1:10.49
33.05 1:10.49

Men 40-44 50 Yard Freestyle

NATL: 20.67 N 12/20/2014 JOSH DAVIS
VA: 21.84 V 1/1/1998 John Tudor

1 Callahan, Michael 44 CM-Y 23.91
2 Puckett, Joe 43 NCMS 24.84
3 Oak, Nikhil 41 UC10 25.68
4 Hlusko, Paul 40 RRY 28.43

Men 40-44 100 Yard Freestyle

NATL: 45.15 N 5/3/2014 JOSH DAVIS
VA: 47.58 V 4/27/2000 John Tudor

1 Puckett, Joe 43 NCMS 54.67
25.91 54.67
2 Buckner, Michael 43 ALEX 55.47
26.38 55.47

Men 40-44 200 Yard Freestyle

NATL: 1:38.23 N 4/24/2015 JOSH DAVIS
VA: 1:44.37 V 3/6/2009 Chris Stevenson

1 Puckett, Joe 43 NCMS 2:06.69
27.10 57.80 1:32.30 2:06.69
2 Morris, John 40 RRY 2:20.53
32.40 1:07.99 1:44.46 2:20.53

Men 40-44 500 Yard Freestyle

NATL: 4:33.36 N 4/25/2015 JOSH DAVIS
VA: 4:42.67 V 5/7/2009 Chris Stevenson

1 Dellanoce, Michael 40 NCMS 4:56.01
26.62 54.82 1:24.02 1:53.65
2:23.61 2:53.97 3:24.33 3:55.10
4:25.98 4:56.01
2 Puckett, Joe 43 NCMS 5:41.01
30.23 1:04.23 1:37.28 2:10.82
2:45.16 3:20.57 3:56.27 4:32.13
5:07.69 5:41.01

Men 40-44 1650 Yard Freestyle

NATL:15:51.52 N 5/9/2010 ALEX KOSTICH
VA:17:40.34 V 4/10/2010 Rob St Jean

1 Morris, John 40 RRY 21:39.57
34.34 1:12.27 1:51.42 2:31.27
3:11.35 3:51.22 4:31.24 5:11.30
5:51.62 6:31.63 7:11.86 7:52.03
8:31.74 9:11.60 9:50.92 10:30.79
11:10.36 11:49.66 12:29.75 13:09.66
13:49.63 14:29.21 15:09.08 15:48.78
16:28.35 17:08.30 17:48.34 18:27.24
19:06.53 19:45.79 20:25.15 21:03.51 21:39.57

Men 40-44 50 Yard Backstroke

NATL: 22.77 N 4/26/2009 MICHAEL ROSS
VA: 24.45 V 4/11/2008 Chris Stevenson

1 Callahan, Michael 44 CM-Y 28.12
2 Oak, Nikhil 41 UC10 29.36
3 Buckner, Michael 43 ALEX 29.95
4 Hlusko, Paul 40 RRY 33.77

Men 40-44 100 Yard Backstroke

NATL: 48.49 N 4/26/2009 MICHAEL ROSS
VA: 50.67 V 3/6/2009 Chris Stevenson

1 Oak, Nikhil 41 UC10 1:03.90
31.54 1:03.90

Men 40-44 200 Yard Backstroke

NATL: 1:50.09 N 5/4/2008 MICHAEL ROSS
VA: 1:51.10 V 5/7/2009 Chris Stevenson

1 Morris, John 40 RRY 2:50.02
40.30 1:21.91 2:06.37 2:50.02

Men 40-44 50 Yard Breaststroke

NATL: 24.19 N 12/19/2021 JAMES FIKE
VA: 28.43 V 4/7/2017 Rich Williams

1 Callahan, Michael 44 CM-Y 30.42
2 Puckett, Joe 43 NCMS 32.03

Men 40-44 200 Yard Breaststroke

NATL: 1:56.61 N 3/3/2023 JAMES FIKE
VA: 2:18.21 V 5/7/1998 Michael Slowey

1 Morris, John 40 RRY 2:53.44
42.12 1:27.51 2:11.08 2:53.44

Men 40-44 50 Yard Butterfly

NATL: 22.06 N 3/16/2024 ANDREJS DUDA
VA: 23.82 V 5/7/2009 Chris Stevenson

1 Callahan, Michael 44 CM-Y 26.55
2 Oak, Nikhil 41 UC10 28.18
3 Hlusko, Paul 40 RRY 34.97

Men 40-44 200 Yard Butterfly

NATL: 1:50.61 N 4/14/2002 DENNIS BAKER
VA: 1:54.85 V 5/7/2009 Chris Stevenson

1 Morris, John 40 RRY 2:34.11
34.64 1:13.30 1:54.60 2:34.11

Men 40-44 100 Yard IM

NATL: 49.61 N 1/13/2024 JAMES FIKE
VA: 55.67 V 5/8/1998 John Tudor

1 Buckner, Michael 43 ALEX 1:06.27
30.95 1:06.27

Men 40-44 400 Yard IM

NATL: 4:01.87 N 4/19/2009 ROQUE SANTOS
VA: 4:23.70 V 2/9/2008 Chris Stevenson

1 Dellanoce, Michael 40 NCMS 4:17.57
27.06 57.62 1:32.06 2:05.59
2:42.20 3:19.12 3:49.10 4:17.57
2 Morris, John 40 RRY 5:37.47
34.02 1:13.71 1:58.14 2:41.68
3:31.60 4:18.35 4:58.60 5:37.47

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Men 45-49 50 Yard Freestyle

NATL: 21.06 N 5/21/2010 RICHARD HUGHEY
VA: 22.65 V 2/5/2017 Brent Holsten

1	Rowe, Edward	45	NCMS	25.26
2	McNeil, Robert	49	RMST	25.90
3	Coffing, Chris	47	CM-Y	27.01
4	Richardson, Kevin	48	RVCM	30.12

Men 45-49 100 Yard Freestyle

NATL: 46.21 N 4/26/2015 NICOLAS GRANGER
VA: 49.89 V 4/28/2023 David Cole

1	Cromer, Steve	46	UC12	51.40
	25.06 51.40			
2	Rowe, Edward	45	NCMS	55.37
	26.31 55.37			
3	Coffing, Chris	47	CM-Y	58.42
	28.08 58.42			
4	Richardson, Kevin	48	RVCM	1:04.85
	31.97 1:04.85			

Men 45-49 200 Yard Freestyle

NATL: 1:41.69 N 5/21/2010 DAVID SIMS
VA: 1:45.92 V 3/5/2010 Chris Stevenson

1	Rowe, Edward	45	NCMS	2:07.15
	28.28 1:00.50 1:33.95 2:07.15			

Men 45-49 500 Yard Freestyle

NATL: 4:39.10 N 5/20/2007 DENNIS BAKER
VA: 4:52.46 V 4/28/2011 Chris Stevenson

1	Dion, Thomas	46	RMST	5:17.72
	28.70 59.48 1:30.81 2:02.79			
	2:35.11 3:07.69 3:40.52 4:13.37			
	4:46.28 5:17.72			
2	Merrill, Matt	45	PSDN	5:51.74
	31.68 1:07.38 1:41.65 2:16.36			
	2:52.27 3:28.37 4:04.93 4:41.29			
	5:17.48 5:51.74			

Men 45-49 1650 Yard Freestyle

NATL:16:08.05 N 5/20/2010 JEFF ERWIN
VA:17:20.40 V 1/7/2011 Chris Stevenson

1	Rodriguez, Jason	45	TIDE	22:44.82
	39.90 1:21.62 2:03.05 2:45.11			
	3:27.24 4:09.61 4:51.06 5:32.91			
	6:15.10 6:57.94 7:39.86 8:21.86			
	9:03.84 9:45.76 10:27.12 11:07.62			
	11:49.12 12:30.14 13:10.46 13:50.51			
	14:30.53 15:11.21 15:52.98 16:34.10			
	17:15.25 17:56.97 18:38.42 19:20.10			
	20:01.71 20:43.68 21:25.26 22:05.51 22:44.82			

Men 45-49 50 Yard Backstroke

NATL: 23.58 N 4/26/2015 MICHAEL ROSS
VA: 24.28 V 5/20/2010 Chris Stevenson

1	Cromer, Steve	46	UC12	27.64
2	McGarrity, Patrick	47	RRY	30.09
3	Merrill, Matt	45	PSDN	32.78
4	McNeil, Robert	49	RMST	33.34

Men 45-49 100 Yard Backstroke

NATL: 50.83 N 4/1/2023 CHUCK BARNES
VA: 51.55 V 4/28/2011 Chris Stevenson

1	Denrich, David	45	DCAC	1:00.01
	29.36 1:00.01			
2	Rowe, Edward	45	NCMS	1:05.41
	32.15 1:05.41			
3	Merrill, Matt	45	PSDN	1:09.44
	34.49 1:09.44			

Men 45-49 200 Yard Backstroke

NATL: 1:51.82 N 4/30/2022 CHUCK BARNES
VA: 1:55.04 V 4/28/2011 Chris Stevenson

1	Denrich, David	45	DCAC	2:07.51
	30.49 1:02.58 1:34.76 2:07.51			

Men 45-49 50 Yard Breaststroke

NATL: 25.66 N 4/27/2019 JEFF COMMINGS
VA: 28.45 V 4/30/2023 Paul Klepchick

1	Cromer, Steve	46	UC12	30.37
2	McNeil, Robert	49	RMST	34.93
3	Richardson, Kevin	48	RVCM	38.43

Men 45-49 100 Yard Breaststroke

NATL: 55.69 N 5/13/2018 STEVE WEST
VA: 1:02.16 V 4/28/2023 Paul Klepchick

1	Richardson, Kevin	48	RVCM	1:23.46
	40.41 1:23.46			

Men 45-49 200 Yard Breaststroke

NATL: 2:02.42 N 4/29/2017 STEVE WEST
VA: 2:18.26 V 4/29/2023 Paul Klepchick

1	Richardson, Kevin	48	RVCM	2:54.77
	40.94 1:25.08 2:10.50 2:54.77			

Men 45-49 50 Yard Butterfly

NATL: 22.67 N 5/4/2008 PAUL SMITH
VA: 23.89 V 3/5/2010 Chris Stevenson

1	McNeil, Robert	49	RMST	27.89
2	McGarrity, Patrick	47	RRY	28.73

Men 45-49 100 Yard IM

NATL: 52.14 N 5/23/2010 RICHARD HUGHEY
VA: 54.99 V 5/20/2010 Chris Stevenson

1	Cromer, Steve	46	UC12	58.47
	26.74 58.47			
2	McGarrity, Patrick	47	RRY	1:06.79
	29.05 1:06.79			

Men 50-54 50 Yard Freestyle

NATL: 21.36 N 4/29/2011 ROWDY GAINES
VA: 22.20 V 4/29/2022 Brent Holsten

1	Lillehei, Peter	52	VMST	24.39
2	Palace, Mark	51	MELB	26.42

Men 50-54 100 Yard Freestyle

NATL: 46.59 N 5/10/2009 ROWDY GAINES
VA: 49.78 V 4/28/2023 Brent Holsten

1	Lillehei, Peter	52	VMST	53.74
	25.46 53.74			

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2 Palace, Mark 51 MELB 58.12
28.37 58.12

Men 50-54 200 Yard Freestyle

NATL: 1:43.76 N 5/10/2009 ROWDY GAINES
VA: 1:54.59 V 4/10/2016 Gregory Harris

1 Lillehei, Peter 52 VMST 2:01.76
26.67 57.08 1:29.05 2:01.76

Men 50-54 50 Yard Backstroke

NATL: 24.24 N 1/13/2024 PETER MOORE
VA: 25.19 V 4/29/2022 Brent Holsten

1 Palace, Mark 51 MELB 31.89

Men 50-54 100 Yard Backstroke

NATL: 52.72 N 3/21/2015 FRITZ BEDFORD
VA: 54.99 V 5/11/2017 Chris Stevenson

1 Palace, Mark 51 MELB 1:08.63
34.61 1:08.63

Men 50-54 200 Yard Backstroke

NATL: 1:53.63 N 4/20/2024 JEFF COMMINGS
VA: 2:03.00 V 2/7/2015 Chris Stevenson

1 Palace, Mark 51 MELB 2:35.78
37.85 1:18.34 1:59.23 2:35.78

Men 50-54 50 Yard Breaststroke

NATL: 25.77 N 2/2/2025 JEFF COMMINGS
VA: 28.30 V 5/10/2018 Gregory Harris

1 Lecrone, Timothy 52 VMST 34.53

Men 50-54 100 Yard Breaststroke

NATL: 56.25 N 4/30/2022 STEVE WEST
VA: 1:01.38 V 5/10/2018 Gregory Harris

1 Peluso, Jay 53 SRVA 1:08.85
33.01 1:08.85

Men 50-54 50 Yard Butterfly

NATL: 23.19 N 4/25/2004 TRIP HEDRICK
VA: 23.62 V 4/29/2022 Brent Holsten

1 Lecrone, Timothy 52 VMST 26.04
2 Palace, Mark 51 MELB 29.02

Men 50-54 100 Yard Butterfly

NATL: 51.60 N 4/16/2023 WILLIAM WEAVER
VA: 56.35 V 2/8/2015 Chris Stevenson

1 Peluso, Jay 53 SRVA 1:02.73
29.21 1:02.73

Men 50-54 100 Yard IM

NATL: 53.41 N 4/20/2024 JEFF COMMINGS
VA: 56.03 V 4/29/2023 Brent Holsten

1 Lecrone, Timothy 52 VMST 1:06.82
31.08 1:06.82

Men 55-59 50 Yard Freestyle

NATL: 21.82 N 4/30/2000 RICHARD ABRAHAMS
VA: 23.16 V 4/5/2019 Gregory Harris

1 Franceschini, Kevin 59 VMST 28.75
2 Mitchell, Russ 58 CM-Y 28.94

Men 55-59 100 Yard Freestyle

NATL: 48.37 N 4/30/2000 RICHARD ABRAHAMS
VA: 51.21 V 4/5/2019 Gregory Harris

1 Mitchell, Russ 58 CM-Y 1:01.81
29.82 1:01.81
2 Franceschini, Kevin 59 VMST 1:05.48
30.60 1:05.48

Men 55-59 200 Yard Freestyle

NATL: 1:48.79 N 4/10/2010 MICHAEL MANN
VA: 1:56.14 V 4/5/2019 Gregory Harris

1 Mitchell, Russ 58 CM-Y 2:20.72
32.54 1:08.11 1:44.44 2:20.72
2 Franceschini, Kevin 59 VMST 2:25.54
33.08 1:10.29 1:48.58 2:25.54

Men 55-59 500 Yard Freestyle

NATL: 4:56.82 N 4/11/2010 MICHAEL MANN
VA: 5:25.51 V 4/24/2009 Dave Oates

1 Franceschini, Kevin 59 VMST 6:22.30
34.68 1:13.41 1:52.47 2:31.52
3:10.36 3:49.10 4:27.83 5:06.98
5:46.07 6:22.30
2 Mitchell, Russ 58 CM-Y 6:22.32
34.57 1:13.14 1:52.42 2:32.08
3:10.94 3:50.15 4:29.01 5:08.02
5:46.06 6:22.32

Men 55-59 50 Yard Backstroke

NATL: 25.08 N 3/17/2023 MIKE IRVIN
VA: 27.64 V 4/28/2016 Douglas Slater

1 Cockrell, Charles 56 DCAC 35.19
2 Franceschini, Kevin 59 VMST 37.66

Men 55-59 100 Yard Breaststroke

NATL: 57.95 N 5/13/2018 CARLO TRAVAINI
VA: 1:02.98 V 4/5/2019 Gregory Harris

1 Cockrell, Charles 56 DCAC 1:16.41
36.39 1:16.41

Men 55-59 200 Yard Breaststroke

NATL: 2:07.80 N 5/12/2018 CARLO TRAVAINI
VA: 2:26.31 V 1/27/2019 Gregory Harris

1 Cockrell, Charles 56 DCAC 2:50.23
39.63 1:23.13 2:06.24 2:50.23

Men 55-59 50 Yard Butterfly

NATL: 23.57 N 7/25/2021 STEVE HILTABIDDLE
VA: 26.22 V 4/19/2024 Jonathan Ruckdeschel

1 Franceschini, Kevin 59 VMST 35.06

Men 55-59 200 Yard IM

NATL: 2:00.19 N 3/18/2023 MIKE IRVIN
VA: 2:10.48 V 4/5/2019 Gregory Harris

1 Cockrell, Charles 56 DCAC 2:41.74
37.31 1:18.60 2:03.37 2:41.74

Men 60-64 50 Yard Freestyle

NATL: 22.30 N 5/22/2005 RICHARD ABRAHAMS
VA: 24.16 V 4/14/2011 Scott Kauffman

1 Ingebretsen, Carl 63 FAFF 29.27

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(Men 60-64 50 Yard Freestyle)

2	Lambert, Paul	62	UC12	32.46
3	Kato, Seiji	63	VMST	35.06
4	Armand, Gregory	61	CM-Y	35.25

Men 60-64 100 Yard Freestyle

NATL: 49.14 N 5/22/2005 RICHARD ABRAHAMS
VA: 54.14 V 4/13/2018 Douglas Slater

1	Bickley, Matthew	63	CGMS	1:03.27
	30.12 1:03.27			
2	Kammermann, Chris	62	CGMS	1:09.23
	32.66 1:09.23			
3	Armand, Gregory	61	CM-Y	1:17.51
	36.90 1:17.51			
4	Kato, Seiji	63	VMST	1:18.06
	36.82 1:18.06			

Men 60-64 200 Yard Freestyle

NATL: 1:51.08 N 4/24/2015 RICK COLELLA
VA: 2:12.68 V 4/11/2003 Jack Schiltz

1	Kammermann, Chris	62	CGMS	2:36.82
	35.80 1:15.31 1:56.27 2:36.82			
2	Kato, Seiji	63	VMST	2:56.07
	39.54 1:23.00 2:10.69 2:56.07			

Men 60-64 500 Yard Freestyle

NATL: 5:02.69 N 6/21/2024 FRED SCHUSTER
VA: 5:55.87 V 7/21/2021 Jorge Cortina

1	Bickley, Matthew	63	CGMS	6:26.81
	34.04 1:11.63 1:50.33 2:29.11			
	3:08.52 3:48.19 4:28.28 5:07.75			
	5:47.71 6:26.81			
2	Scannell, Dennis	64	UC12	6:28.57
	35.25 1:13.06 1:52.02 2:31.36			
	3:10.86 3:50.62 4:30.59 5:10.44			
	5:50.12 6:28.57			
3	Kammermann, Chris	62	CGMS	7:07.44
	38.30 1:20.12 2:03.57 2:47.84			
	3:32.11 4:16.86 5:01.12 5:44.62			
	6:26.92 7:07.44			

Men 60-64 1650 Yard Freestyle

NATL:17:44.05 N 4/28/2022 ARNALDO PEREZ
VA:20:25.03 V 7/21/2021 Jorge Cortina

1	Bickley, Matthew	63	CGMS	22:23.84
	35.30 1:15.86 1:56.74 2:37.57			
	3:18.76 3:59.64 4:40.82 5:21.40			
	6:02.83 6:44.13 7:24.87 8:06.33			
	8:47.58 9:28.62 10:09.32 10:50.06			
	11:30.97 12:12.21 12:53.00 13:33.94			
	14:14.66 14:55.47 15:36.27 16:16.55			
	16:57.55 17:38.10 18:19.13 19:00.26			
	19:41.33 20:22.34 21:03.05 21:43.84 22:23.84			
2	Kammermann, Chris	62	CGMS	25:41.91
	41.17 1:27.05 2:14.02 3:00.98			
	3:47.56 4:34.08 5:20.78 6:07.98			
	6:54.83 7:42.83 8:30.33 9:17.45			
	10:04.07 10:51.36 11:38.24 12:26.11			
	13:13.54 14:00.49 14:47.70 15:35.29			
	16:23.65 17:10.87 17:57.14 18:43.95			
	19:31.18 20:18.16 21:05.97 21:52.70			
	22:38.94 23:25.23 24:11.23 24:57.75 25:41.91			

Men 60-64 50 Yard Backstroke

NATL: 26.06 N 10/27/2024 FRITZ BEDFORD
VA: 27.69 V 3/17/2018 Douglas Slater

1	Stevenson, Chris	60	1693	27.38V
2	Lambert, Paul	62	UC12	40.89

Men 60-64 100 Yard Backstroke

NATL: 56.81 N 10/27/2024 FRITZ BEDFORD
VA: 1:00.29 V 4/13/2018 Douglas Slater

1	Stevenson, Chris	60	1693	57.94V
	28.34 57.94			

Men 60-64 200 Yard Backstroke

NATL: 2:07.91 N 5/1/2016 TOM BARTON
VA: 2:13.15 V 4/5/2019 Douglas Slater

1	Stevenson, Chris	60	1693	2:09.07V
	30.52 1:02.86 1:35.86 2:09.07			
2	Scannell, Dennis	64	UC12	2:40.75
	39.02 1:19.46 2:00.40 2:40.75			

Men 60-64 50 Yard Breaststroke

NATL: 26.87 N 6/20/2024 CARLO TRAVAINI
VA: 31.47 V 5/15/2003 Jack Schiltz

1	Lambert, Paul	62	UC12	38.63

Men 60-64 100 Yard Breaststroke

NATL: 58.98 N 4/28/2023 CARLO TRAVAINI
VA: 1:10.65 V 7/15/2023 David Malsbury

1	Lambert, Paul	62	UC12	1:30.78
	44.19 1:30.78			

Men 60-64 200 Yard Breaststroke

NATL: 2:10.01 N 6/22/2024 CARLO TRAVAINI
VA: 2:37.08 V 4/5/2019 Ken Neubauer

1	Keith, Algernon	64	VMST	2:56.30
	38.97 1:23.35 2:09.73 2:56.30			

Men 60-64 50 Yard Butterfly

NATL: 24.36 N 2/10/2018 BRUCE KONE
VA: 26.99 V 4/14/2011 Scott Kauffman

1	Ingebretsen, Carl	63	FAFF	31.07
2	Armand, Gregory	61	CM-Y	44.23

Men 60-64 100 Yard Butterfly

NATL: 54.70 N 5/11/2018 PAUL CARTER
VA: 1:00.28 V 2/29/2020 Douglas Slater

1	Ingebretsen, Carl	63	FAFF	1:13.58
	34.41 1:13.58			

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Men 60-64 200 Yard Butterfly

NATL: 2:07.21 N 3/28/2021 MIKE LAMONICA
VA: 2:37.18 V 4/10/2016 John Mccorkle

1 Ingebretsen, Carl 63 FAFF 2:58.06
38.31 1:24.63 2:11.73 2:58.06

Men 60-64 100 Yard IM

NATL: 56.65 N 6/21/2024 CARLO TRAVAINI
VA: 1:00.09 V 4/13/2018 Douglas Slater

1 Armand, Gregory 61 CM-Y 1:43.86
50.02 1:43.86

Men 60-64 200 Yard IM

NATL: 2:03.26 N 5/4/2014 RICK COLELLA
VA: 2:17.83 V 5/10/2018 Douglas Slater

1 Bickley, Matthew 63 CGMS 2:46.07
34.77 1:18.78 2:08.15 2:46.07
2 Scannell, Dennis 64 UC12 2:49.70
38.11 1:21.36 2:11.05 2:49.70
3 Kammermann, Chris 62 CGMS 3:14.28
43.44 1:36.42 2:34.74 3:14.28

Men 60-64 400 Yard IM

NATL: 4:24.24 N 5/2/2014 RICK COLELLA
VA: 5:08.78 V 3/17/2018 Douglas Slater

1 Scannell, Dennis 64 UC12 6:02.68
39.84 1:27.21 2:13.32 2:56.90
3:49.24 4:40.99 5:22.61 6:02.68

Men 65-69 50 Yard Freestyle

NATL: 22.10 N 5/23/2010 RICHARD ABRAHAMS
VA: 24.85 V 4/19/2024 Douglas Slater

1 McFarland, Jim 66 VMST 28.34

Men 65-69 100 Yard Freestyle

NATL: 49.42 N 5/22/2010 RICHARD ABRAHAMS
VA: 58.05 V 1/25/2025 Jorge Cortina

1 McFarland, Jim 66 VMST 1:04.07
31.04 1:04.07

Men 65-69 200 Yard Freestyle

NATL: 1:52.57 N 4/30/2017 RICK COLELLA
VA: 2:11.42 V 1/25/2025 Jorge Cortina

1 McFarland, Jim 66 VMST 2:23.15
34.48 1:10.35 1:46.76 2:23.15

Men 65-69 200 Yard Backstroke

NATL: 2:09.34 N 5/4/2024 DAVID BISHOP
VA: 2:25.74 V 4/19/2024 Douglas Slater

1 Swiger, Ralph 68 VMST 3:57.33
59.97 2:01.98 3:03.05 3:57.33

Men 65-69 200 Yard Breaststroke

NATL: 2:16.70 N 4/29/2017 RICK COLELLA
VA: 2:50.32 V 1/25/2025 Pat Ryan

1 Swiger, Ralph 68 VMST 4:20.85
1:00.76 2:08.95 3:18.13 4:20.85

Men 65-69 100 Yard Butterfly

NATL: 56.36 N 5/21/2010 RICHARD ABRAHAMS
VA: 1:09.61 V 5/19/2005 Art Wolfe

1 Swiger, Ralph 68 VMST 2:12.71
1:06.00 2:12.71

Men 65-69 100 Yard IM

NATL: 57.37 N 4/26/2019 RICK COLELLA
VA: 1:07.61 V 4/19/2024 Douglas Slater

1 Swiger, Ralph 68 VMST 1:50.33
52.85 1:50.33

Men 65-69 200 Yard IM

NATL: 2:03.63 N 4/28/2017 RICK COLELLA
VA: 2:34.93 V 5/11/2006 Art Wolfe

1 Swiger, Ralph 68 VMST 4:08.52
1:03.37 2:07.64 3:19.73 4:08.52

Men 65-69 400 Yard IM

NATL: 4:30.64 N 5/11/2018 RICK COLELLA
VA: 5:40.97 V 5/11/2006 Art Wolfe

1 Swiger, Ralph 68 VMST 9:01.95
1:07.15 2:29.02 3:39.39 4:45.66
5:54.88 7:08.08 8:07.69 9:01.95

Men 70-74 100 Yard Freestyle

NATL: 53.90 N 4/16/2023 RICK COLELLA
VA: 1:01.52 V 4/28/2016 Hank Holswade

1 Edgell, Don 72 CM-Y 1:17.59
37.04 1:17.59

Men 70-74 200 Yard Freestyle

NATL: 1:56.50 N 4/29/2022 RICK COLELLA
VA: 2:24.71 V 4/19/2024 Craig Bauer

1 Edgell, Don 72 CM-Y 2:56.05
39.50 1:24.10 2:11.01 2:56.05

Men 70-74 100 Yard IM

NATL: 59.97 N 4/30/2022 RICK COLELLA
VA: 1:15.93 V 4/19/2024 William Wardle

1 Edgell, Don 72 CM-Y 1:35.90
45.90 1:35.90

Men 75-79 50 Yard Freestyle

NATL: 25.58 N 3/4/2012 JEFF FARRELL
VA: 28.59 V 5/10/2018 Harry Sober

1 Cheney, Stephen 75 UC12 35.17

Men 75-79 100 Yard Freestyle

NATL: 58.68 N 5/10/2009 DAVID RADCLIFF
VA: 1:04.67 V 4/13/2018 Harry Sober

1 Cheney, Stephen 75 UC12 1:15.66
37.22 1:15.66

Men 75-79 50 Yard Backstroke

NATL: 30.90 N 4/26/2019 RICHARD BURNS
VA: 36.23 V 4/13/2018 Harry Sober

1 Cheney, Stephen 75 UC12 48.44
2 Burke, Anthony 76 SRVA 52.86

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Men 75-79 50 Yard Breaststroke

NATL: 33.89 N 5/13/2022 DOUGLAS SPRINGER
VA: 41.80 V 5/17/2018 Terry Gernstein

1 Cheney, Stephen 75 UC12 51.88

Men 75-79 50 Yard Butterfly

NATL: 28.70 N 7/25/2021 RICHARD ABRAHAMS
VA: 33.17 V 5/10/2018 Harry Sober

1 Burke, Anthony 76 SRVA 1:02.31

Men 75-79 100 Yard IM

NATL: 1:08.23 N 4/30/2022 ANDREW MCPHERSON
VA: 1:19.78 V 4/13/2018 Harry Sober

1 Cheney, Stephen 75 UC12 1:36.65
46.64 1:36.65

2 Burke, Anthony 76 SRVA 1:56.54
54.85 1:56.54

Men 90-94 50 Yard Freestyle

NATL: 35.96 N 9/21/2003 WOODY BOWERSOCK
VA: 1:03.46 V 2/8/2015 Calvin Barnes

1 Beattie, Cal 90 UC12 1:05.52

Men 90-94 100 Yard Freestyle

NATL: 1:27.26 N 3/21/2004 WOODROW BOWERSOCK
VA: 2:10.84 V 2/8/2015 Calvin Barnes

1 Beattie, Cal 90 UC12 2:23.55
1:07.05 2:23.55

Men 90-94 200 Yard Freestyle

NATL: 3:18.81 N 1/31/2015 WILLARD LAMB
VA: 4:30.53 V 2/8/2015 Calvin Barnes

1 Beattie, Cal 90 UC12 5:18.61
1:12.98 2:32.86 3:55.06 5:18.61

Men 18+ 200 Yard Freestyle Relay

NATL: 1:18.32 N 5/22/2010 NORTH CAROLINA
N BRUNELLI, C JONES, N WESTBY, J SKUBA
VA: 1:23.23 V 2/11/2023 TIDE
J Kreider, D Herbert, L Burton, T Hallock

--- UC12 A X1:30.29
1) Sherrill, Micah M21 2) Datovech, Paul M21
3) Dinger, Steven M25 4) Dinger, Mark M22
23.84 46.14 1:07.66 1:30.29

Men 25+ 200 Yard Freestyle Relay

NATL: 1:19.71 N 4/7/2018 RICE AQUATICS
W WAGNER, A SURHOFF, D HILL, B COLLINS
VA: 1:24.75 V 4/13/2018 1693
K Gallagher, K Loughran, C Fay, S Glass

1 RRY A 1:59.51
1) Kirchgessner, Richard M34 2) Hlusko, Paul M40
3) Kirchgessner, Joey M37 4) McGarrity, Patrick M47
34.43 1:02.59 1:31.39 1:59.51

Men 25+ 200 Yard Medley Relay

NATL: 1:27.81 N 4/29/2017 GOLDEN ROAD AQU
R LOCHTE, M ALEXANDROV, T COX, L PECHMANN
VA: 1:34.71 V 4/13/2018 1693
S Glass, C Fay, E Elsaesser, S Bulakul

1 CM-Y A 1:59.20
1) Mitchell, Russ M58 2) McQuiggan, Jacob M30
3) Callahan, Michael M44 4) Coffing, Chris M47
37.93 1:13.07 1:33.37 1:59.20

2 RRY A 2:04.54
1) Hlusko, Paul M40 2) Kirchgessner, Richard M34
3) Morris, John M40 4) Kirchgessner, Joey M37
29.59 1:07.11 1:36.91 2:04.54

Men 45+ 200 Yard Freestyle Relay

NATL: 1:27.70 N 5/4/2008 ARIZONA MASTERS
JOHN SMITH, AL JAEGERS, PAUL HAFNER, PAUL SMITH
VA: 1:30.64 V 4/27/2023 1693
B Holsten, D Cole, P Klepchick, D Bell

1 VMST A 1:45.97
1) Franceschini, Kevin M59 2) Lillehei, Peter M52
3) Lecrone, Timothy M52 4) Keith, Algernon M64
29.20 53.82 1:19.25 1:45.97

Men 45+ 200 Yard Medley Relay

NATL: 1:36.56 N 5/23/2010 GEORGIA MASTERS
E ERICSON, C WEISSMAN, B BUGG, M ELLISON
VA: 1:39.77 V 4/29/2022 1693
D Bell, P Klepchick, B Holsten, D Cole

1 VMST A 2:00.86
1) Franceschini, Kevin M59 2) Lillehei, Peter M52
3) Lecrone, Timothy M52 4) Keith, Algernon M64
37.22 1:09.51 1:35.33 2:00.86

Mixed 18+ 100 Yard Freestyle Relay

1 SRVA A 52.85
1) Gulick, Deanna W33 2) Peluso, Jay M53
3) Wallace, Colleen W38 4) Sowers, Isabelle W23
28.15 52.85

Mixed 25+ 100 Yard Freestyle Relay

1 1693 A 50.42
1) Mackall, Suni W62 2) Wei, Laurie W30
3) Glass, Sidney M33 4) Morrow, Alex M27
29.01 50.42

Mixed 25+ 200 Yard Freestyle Relay

NATL: 1:27.54 N 4/28/2023 NEW YORK ATHLET
T DILLINGER, Z FONG, E MCDONALD, A HOWE
VA: 1:34.46 V 3/17/2018 1693
K Gallagher, G Mizerak, K Loughran, K Grier

1 PSDN A 1:50.05
1) Widen, Natalie W33 2) Booker, Lauren W41
3) Merrill, Matt M45 4) Rich, Justin M27
25.59 58.89 1:26.77 1:50.05

2 1693 A 1:52.63
1) Mackall, Suni W62 2) Stevenson, Chris M60
3) Wei, Laurie W30 4) Morrow, Alex M27
33.68 57.83 1:28.14 1:52.63

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Mixed 25+ 200 Yard Medley Relay

NATL: 1:34.12 N 4/30/2022 THE OLYMPIC CLU

F LEE, J PRENOT, E SOLAECHE, C MONSEES

VA: 1:39.63 V 4/13/2018 1693

S Glass, C Fay, G Mizerak, S Shaner

*1	CM-Y	A	1:59.31
	1) Hulsizer, Paige W38	2) McQuiggan, Jacob M30	
	3) Callahan, Michael M44	4) Michienzi, Avery W35	
	34.53 1:04.12	1:31.87 1:59.31	
*1	NCMS	A	1:59.58
	1) Strickland, Sara W33	2) Puckett, Joe M43	
	3) Rowe, Edward M45	4) Chandler, Carolyn W33	
	33.96 1:06.00	1:33.23 1:59.58	

Mixed 55+ 100 Yard Freestyle Relay

1	VMST	A	1:06.54
	1) Speer, Nancy W62	2) Kato, Seiji M63	
	3) Swiger, Ralph M68	4) Hasselquist, Lauren W66	
	32.61 1:06.54		

Mixed 55+ 200 Yard Freestyle Relay

NATL: 1:38.64 N 4/9/2017 NORTH CAROLINA

F MCEACHRAN, N CLARK, S WALSH, J KLEIN

VA: 1:52.81 V 4/28/2016 VMST

L Tudor, S Loftus-Charley, P Miller, H Holswade

1	CM-Y	A	2:16.79
	1) Armand, Peggy W61	2) Edgell, Don M72	
	3) Armand, Gregory M61	4) Loftus-Charley, Shirley W7	
	35.10 1:09.42	1:43.57 2:16.79	

Mixed 65+ 200 Yard Freestyle Relay

NATL: 1:45.58 N 4/29/2022 LONE STAR MASTE

R NEVILLE, B WILLIAMS, L MORRISON, J WOOLSLAYER

VA: 2:03.65 V 2/11/2023 CMY

D Shannon, S Loftus-Charley, M Clute, C Bauer

1	VMST	B	2:06.55
	1) Boslego, Barbara W73	2) Swiger, Ralph M68	
	3) Hasselquist, Lauren W66	4) McFarland, Jim M66	
	37.12 1:18.02	1:51.01 2:06.55	

Mixed 65+ 200 Yard Medley Relay

NATL: 1:58.70 N 4/30/2022 LONE STAR MASTE

T WOLF, R NEVILLE, J WOOLSLAYER, L MORRISON

VA: 2:20.95 V 5/20/2010 VMST

B Durrant, W Brundage, H Sober, B Schreiner

1	VMST	A	2:45.24
	1) Boslego, Barbara W73	2) Swiger, Ralph M68	
	3) Hasselquist, Lauren W66	4) McFarland, Jim M66	
	46.94	2:16.06 2:45.24	

Combined Team Scores

Combined Team Scores - Through Event 42

1.	Virginia Masters Swim Team	955
2.	Cavalier Masters	885.5
3.	Poseidon Masters	563
4.	SwimRVA Hammerheads	481
5.	Club Tribe	473
6.	Rappahannock YMCA Master's Swi	406
7.	North Carolina Masters Swimmin	371
8.	River City Masters	337
9.	Freedom Aquatic Club	171
10.	Cgbd Masters Swimming	166
11.	Terrapin Masters	154
12.	Burkwood Aquatics Masters	147
13.	District Of Columbia Aquatics	120
14.	Quest Masters	117
15.	Swim Melbourne Masters	111
16.	Reston Masters Swim Team	89
17.	Nova of Virginia Aquatics	80
17.	Fredericksburg American Family	80
19.	Arlington Axolotls	71
20.	Alexandria Masters Swimming	53
21.	Patriot Masters Swim Team	51.5
22.	Tide Swimming	20

Scores - Women

Women - Team Rankings - Through Event 42

1.	Poseidon Masters	376
2.	Cavalier Masters	360
3.	SwimRVA Hammerheads	347
4.	Virginia Masters Swim Team	276
5.	River City Masters	201
6.	Club Tribe	174
7.	Freedom Aquatic Club	171
8.	Burkwood Aquatics Masters	147
9.	North Carolina Masters Swimmin	126
10.	Quest Masters	117
11.	Nova of Virginia Aquatics	80
12.	Arlington Axolotls	40

Scores - Men

Men - Team Rankings - Through Event 42

1.	Virginia Masters Swim Team	559
2.	Cavalier Masters	445.5
3.	Rappahannock YMCA Master's Swi	406
4.	Club Tribe	225
5.	North Carolina Masters Swimmin	205
6.	Cgbd Masters Swimming	166
7.	Terrapin Masters	154
8.	Poseidon Masters	147
9.	River City Masters	136
10.	District Of Columbia Aquatics	120
11.	Swim Melbourne Masters	111
12.	SwimRVA Hammerheads	94
13.	Reston Masters Swim Team	89
14.	Fredericksburg American Family	80
15.	Alexandria Masters Swimming	53
16.	Patriot Masters Swim Team	51.5
17.	Arlington Axolotls	31
18.	Tide Swimming	20